



Collegiate Newsletter of AKΣ International

Spring 2008

Volume XIV Issue 8

Edited by Dr. Kara Lee Shirley, CGP, BCPS, BCPP

Now is the time to start planning to attend the 40th LKS Biennial Convention in beautiful & historic Savannah, Georgia. I certainly look forward to bonding with as many of my fellow lambs as possible at the Convention. Now is the time to discuss with your Regional Supervisor how **your chapter may apply for the Biennial Chapter Achievement Awards** as well your chapter's standing for this biennium's Efficiency Cup! Your Regional Supervisor determines a large portion of your scores. Keep in mind that attendance to Regional Meetings and Convention also play a large role in the Efficiency Cup Scores (at the very least some "easy" points can be earned). You may want to ensure your chapter's place by attending—don't forget, the more attendees from your chapter, the better your score. More information on the Official Scoring is in your Member Manual. If you have any questions at all, please ask your Regional Supervisor or myself. (For updated contact information please refer to the back of LinkS).

This issue is packed full of information for making the most of your Spring Semester as well this summer's Biennial Convention. Feel free to "**Ask Ethel**" any questions you may have regarding Lambda Kappa Sigma customs, traditions, procedures, by emailing me anytime. I will be sure to pass the message along to our founder ☺. Lastly, I can email an electronic PDF file of LinkS issues to any collegiate chapter upon request via my email at: rhodyrx99@gmail.com.

I want to personally wish everyone a very safe and prosperous semester. Always remember to contact your Regional Supervisors if you have any questions about upcoming events, deadlines or Fraternity issues. For quick reference your recently updated Grand Council & Regional Supervisor contact information is always listed in the back of LinkS and is listed on the LKS website <http://www.lks.org>.

Let us help you! If you have any questions about how to improve your standing or managing your chapter better, we are all here for you.

Lamb for Life & Fraternally Yours,

Kara Lee Shirley, Pharm.D., CGP, BCPS, BCPP
Grand Vice President for Collegiates

Upcoming Events and Deadlines

- April 1st-** **Deadline for Alumni dues** (pass this along to your big sisters!)
Your first year is free to new graduates☺, then its \$90 due every April.
BE SURE your Big has sent in there latest address updates once they become an alumni member!
- April 30th-** Deadline for Vanguard, Distinguished Young Pharmacist, Award of Merit and Distinguished Service Citation (2008)
- May 15th-** Deadline for submitting Convention Delegate Credentials* to the I.O. (2008)
- May 30th-** **Deadline for ELECTRONIC submissions for Chapter Achievement Awards To the I.O & your Regional Supervisor (2008)**
[For more details on submission format- keep on reading!]
- June 1st-** **Deadline for Submitting all Financial Obligations**
Initiation Fees
Master Member Input Sheets (MMIS)
Chapter Financial Report Summary
Officer Roster
Annual History Reports
Friendly reminder! These items need to be sent to your Regional Supervisor for your chapter's best shot at winning the Efficiency Cup.
- REMEMBER it is NEVER TOO LATE to submit your forms to the International Office & your Regional Supervisor! ☺**
You will still receive credit and it will ensure our ability to assess your chapter in anything you may need!
- August 6-10th** **40th Biennial Convention in Savannah, Georgia**
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**LKS Biennial Convention
Savannah, Georgia
April 6-10, 2008**

**Biennial Convention
Schedule-at-a-Glance
(Preliminary – Subject to Change)**

Tuesday, August 5th

8:00am – 6:00pm Grand Council Meeting

Wednesday, August 6th

1:00pm-6:00pm Registration
5:00pm-6:00pm Grand President's Reception (invitation only)
6:00pm-9:00pm Opening Reception & Evening Tour of Savannah
9:00pm-10:00pm Collegiate & Alumni Meetings

Thursday, August 7th

7:00am-5:00pm Registration
8:00am-11:00am Opening Breakfast and Keynote Address
11:00am-10:00pm Recruitment Boot Camp – CampusSpeak
11:00am-6:00pm Professional Programming
7:00pm Student Dinner and Night on the Town
7:00pm Optional Alumni Dinner at "The Lady and Sons"

Friday, August 8th

7:00am-5:00pm Registration
7:00am-12:00pm Recruitment Boot Camp – CampusSpeak
7:00am-12:00pm Professional Programming
12:00pm-2:30pm Awards Luncheon
2:30pm-5:00pm Business Session
6:00pm-9:00pm Blue & Gold Dinner

Saturday, August 9th

8:00am-10:00am Educational Trust Breakfast and Raffle
10:00am-12:00pm Collegiate and Alumni Conferences
12:00pm-2:00pm Business Session
2:00pm Free Afternoon
6:00pm Group Photo
6:30pm Reception and Banquet

Sunday, August 10th

9:00am-2:00pm New Grand Council Orientation and Planning

Hyatt Regency – Savannah

Rates:

King Guest Room \$149
Dbl Bedded Room – 2 guests \$149
Dbl Bedded Room – 3 guests \$149
Dbl Bedded Room – 4 guests \$149

Room Reservation Procedure:

All reservations must be made individually through the Hotel's Reservation Department by calling (912)238-1234 or (800)233-1234.

The cut-off date is 7/19/2008. Reservation requests received after the cut-off date will be based on availability at the Hotel's prevailing rates and will be credited to the Group's Guest Room Block.

Room rates are quoted exclusive of applicable state and local taxes (which are currently 13% plus \$1.00 per room per night) or applicable service, or hotel specific fees in effect at the Hotel at the time of the meeting.



David Stollman is widely recognized as the nation's foremost authority on fraternity recruitment strategies. You may have seen his popular program **"Buy In or Get Out!"**

With David's help, chapters have quadrupled their memberships, and fraternity communities have increased their bid acceptance more than 50-percent! His presentations include topics such as risk management, hazing, and new member education as part of a holistic approach to excellence. Because when our chapters get better, they can recruit better members!



Lambda Kappa Sigma

Biennial Convention

Savannah, Georgia
August 6-10

2008

Something to Talk About!

For more information and to register, log on to www.lks.org to download a registration form or complete your registration online. Book your room reservation early to confirm your accommodation at the hotel - space is limited, so don't delay!

MARCH IS PROJECT HOPE MONTH

<http://www.projecthope.org>

With the month of March, thoughts should be turning towards Project HOPE. March is Project HOPE month in LKS. Although fundraisers take place year round, many chapters focus their fundraising efforts on Project HOPE in the month of March.

Many chapters hold special fundraisers in the name of Project HOPE. For instance, Alpha Kappa works in conjunction with a local fast food restaurant to raise money. Alpha Mu throws a party but also uses the opportunity to educate the people that attend. Some chapters combine their fundraisers with other service projects. Xi chapter gets pledges to pick up trash along the Cliff Walk in Newport, RI.

Whether it is a bake sale, a party, or a collection of donations from sisters, all of the money goes to a good cause. Project HOPE consistently has a majority of monies raised directed towards their humanitarian efforts. Project HOPE is an outstanding philanthropy, but will always need donations to continue its outstanding efforts.

Submitted by:

Dr. Jennifer Brandt, Grand-Vice President for Alumni
Project Hope Committee Chairperson

Calling All Savannah Lambs!

Interested in some creative participation during the Biennial Convention?

We are currently seeking lambs who would love to make a creative or active contribution to the Collegiate Workshops in Savannah, Georgia.

Please contact me at rhodyrx99@gmail.com if you wish help in our workshop planning!

Calling Lambs Who Like To Shop!

Interested in doing some shopping and helping LKS at the same time? Visit <http://greek101.com> for customizable fraternity wear and gifts. Enter code LKS1913 for a 5% discount. LKS will also receive 5% commission for all purchases, when the discount code is used.

The LKS International Office has also finalized a similar fundraising initiative with <http://www.careclicks.com>. Via pre-registration through this website, you may fundraise for LKS while browsing and shopping through stores such as FTD Florists, The Body Shop, Overstock.com, The Gap, Old Navy, Shutterfly as well as many others.

Herding those Lost Lambs with Bragging Rights!

Your fellow LKS sisters want to hear about your professional and personal accomplishments!!! New to LinKS this biennium, we will be featuring YOUR submissions of academic, extracurricular and personal triumphs. All you have to do is send me the following information: Your name, your chapter, expected year of graduation, and the news you would like to share. **Please no "second person", handwritten or phoned in submissions, only electronic to rhodyrx99@gmail.com**



"JUST ASK ETHEL"



Q: Dear Ethel, What are the Chapter Achievement Awards and How are they different from the Efficiency Cup?

A: The Chapter Achievement Awards honors collegiate chapters in seven distinct award categories: Chapter Publications, Professional Projects, Service Projects, Scholarship, Membership Recruitment/Retention, Loyalty and Leadership. **In order to become eligible for each award, chapters must submit an ELECTRONIC portfolio by May 30th to THEIR REGIONAL SUPERVISOR & LKS International Office.**

Portfolios may creatively range from a short written narrative, narratives with photographs, narratives, photographs and other associated materials. Each portfolio is scored by your Regional Supervisor(s) and the Grand Vice President for Collegiates. The chapter with the highest score will receive an award for the applicable category. Honorable mentions may be given for each award category as well. Chapters may submit a portfolio for one, several or all of the Achievement Awards Categories.

The Efficiency Cup is awarded to the Collegiate Chapter which has most completely and efficiently fulfilled their fraternal obligations to the International Office and Grand Council. Please refer to **page 57 in your Member Manual** for further details or contact your Regional Supervisor.

Q Dear Ethel, What is the Difference Between the Regional Meeting and Biennial Convention?

A: The Regional Meeting is held every two years in the odd-numbered years. The Regional Meeting site rotates among the regions. No official Fraternity business or parliamentary procedure is conducted at the Regional Meeting. Official Fraternity business and parliamentary procedure for by-laws voting is ONLY conducted at the LKS Biennial Convention. The Biennial Convention is held every two years in the even-numbered years. The Convention site rotates among the regions.

Each chapter is required to send one Delegate and all members are encouraged to attend.

Q: Dear Ethel, "What is the Delegate Fee?" and What Meeting Expenses Does It Cover?

A: Each chapter is entitled to select its Delegate (see By-Laws), however, the Delegate from the Collegiate Chapter must be a member who is returning to school following the Convention. This is to insure that all the information and enthusiasm derived from the Convention is brought back to the chapter.

During the biennium, each collegiate chapter sends in the current delegate fee to the International Office toward the Convention Delegate Fund. In order for each chapter to remain in "good financial standing" the delegate fee must be paid in full. Please note that if a chapter should lose its "good standing" status with the LKS International Office, they automatically forfeit their voting privileges at the Biennial Convention and eligibility for any Chapter Awards. The purpose of this fund is to cover the round-trip transportation costs for each Delegate, originating from the chapter city to the convention site. The Delegate may choose any mode of travel desired and is not obligated to travel by air; travel costs will be reimbursed by the Fraternity once the Delegate has attended the Biennial Convention. Should a chapter not send a Delegate to the Convention, it forfeits its share of the Convention Delegate Fund. The Host chapter (or chapters) does not have to pay the Delegate Fee *during the biennium preceding the Convention.*

Each member attending the Convention is expected to pay a registration fee (some chapters pay this for their Delegate). This fee covers the meal functions and special entertainment listed in the official program. This usually includes one or more meals a day. This fee is not refundable if cancellation is made less than 7 days before the meeting. Members pay for their own room accommodations. It is always possible to share a room with another member to reduce housing costs. Many chapters have been able to obtain funding from their own universities/colleges by applying for funding through student government organizations or by soliciting unrestricted educational grants from the pharmaceutical industry.

HOW TO SHEET

ANNUAL WOMEN IN PHARMACY DAY

By: Epsilon Chapter

This is an event that takes a lot of planning and teamwork.

1. Select a topic for the day.
ex. The Challenges of Women in Pharmacy
2. Decide on the format of the program.
ex. Panel discussion, informal talks, reception
3. Select the persons to come. Ask your advisor for suggestions or ask persons that you know. Remember that the purpose of the day is to celebrate the achievements of female pharmacists, or women, in pharmacy, as well as the issues they face.
4. Obtain funding either by fundraising or soliciting monetary support from the school's SGA, Dean's office, Office of Student Affairs, or even from manufacturers or chain stores.
5. Plan the reception for after the presentation. Serve either fingerfoods or sandwiches, refreshments, and also a cake to commemorate the day (this costs about \$500 for 50 people).
6. Develop the program. Obtain bios from the guests and include them in the program. Also list all of the events for the day. Include a program feedback slip. It helps you plan for the next year's program. Also, you may want to give door prizes.
7. ADVERTISE! School and campus wide. Don't forget the school newspaper.
8. Decorate the lobby, hall, etc. in blue and gold. Have your members dress in blue and gold (professional) and have everyone wear corsages.
9. Don't forget the speaker! Give them a small give and thank you note. ☺ Offer to pay for their parking and transportation expenses if necessary and/or possible.

HOW TO SHEET

Career Fair

By: Alpha Chapter

When planning for a career fair there are many factors you need to consider.

- **First you need to** choose a date. **Pick a date that is good for the Fraternity and the School. Check with administration about any particular time frame they may want to work**
- Decide **who** to should be invited? Go to each department and get at least 10 names from each major; Chemistry, PA, Health Psych, Nuclear Med., Pharmacy, Nursing
- **Decide when it should be held. Ask the department heads or registrars as to what time of day would students be available to participate.**
- Next, work on **Invitations**. Sent them out with plenty of advance notice for the participants. Work on your cover letter; include blurb on each major (if your school has more than just pharmacy)
- Have a **Sheet for Responses**. Use a spreadsheet for organization. Make sure it contains the company name and the contact person. Make sure you follow up with them periodically to ensure their attendance.
- **Food**. Speak to the cafeteria staff well in advance and see if you can arrange something with them. (For example; Lunch and/or Refreshments; Coffee, tea, cookies, etc)
- **Parking**. Make sure there are no other major events occurring where parking is necessary. Speak to security (if they are in charge of parking) ahead of the event so they are aware and can make arrangements.
- Create a **Survey** to be handed out at the Career Fair. This will help you evaluate what we need to work on for next year.
- The **Day of** the Career Fair. Have LKS sisters assigned to certain time slots to help out in certain stations such as: Unloading equipment for companies, making sure everyone gets a table, making sure everyone gets lunch, etc.
- **Most of All: HAVE FUN!**

HOW TO SHEET

PRESENTATION OF BIENNIAL CHAPTER REPORTS & COLLEGIATE POSTER PRESENTATIONS

1. Download your Biennial Convention Report form by visiting <http://www.lks.org>.
2. Meeting representation & appropriate executive board members should communicate accordingly to thoroughly complete the Biennial Convention Report Form **prior to** the Biennial Convention.
3. Even if your chapter is not sending a delegate to the Biennial Convention, you should complete the Biennial Convention Report form and send one (1) copy to the International Office as well as one (1) copy to your Regional Supervisor. This documentation is counted towards each chapter's efficiency cup scoring.
4. Each chapter's delegate will **present** their "Biennial Convention Report". Although the "Biennial Convention Report Form" has a specific written format, **you should only verbally highlight specific areas of the form** that your chapter would like to share with those attending the Biennial Convention.
5. Since all collegiate and alumni chapters must present their reports within a two (2) hour timeframe, each Biennial Convention Report is limited to approximately **2 minutes**.

COLLEGIATE POSTER PRESENTATIONS

1. Collegiate chapters who attend the Biennial Convention will have the opportunity to conduct in-depth Poster Presentations. This Collegiate Conference is the opportunity for all members to showcase their chapter's special qualities and achievements.
2. Each Collegiate Chapter should prepare no more than **one (1) poster presentation** for the Convention Collegiate Conference.
3. Each chapter has creative liberties with regard to their poster presentation. However, the poster presentation should be easily portable to the Biennial Convention. Each collegiate chapter will be responsible for **transporting their own poster to and from** the Biennial Convention.
4. Each poster must be able to be displayed on a flat table top surface. If required by design, **your chapter will be responsible for providing your own easel or stand**.
5. Posters will be displayed at assigned stations and chapters will be instructed to rotate to each station periodically. Specific questions will be written down on index cards and left at each chapter's poster station. These index card questions will be answered later by each chapter after their formal presentation during the second portion of the workshop.

HOW TO SHEET
Blue & Gold Dinner
By: Beta Alumni Chapter

Teamwork is essential but as always is well worth it! ☺

1. Starting planning for chapter members to attend the 40th Biennial Convention in Savannah!

2. Be sure every chapter attendee pack their LKS jerseys, T-Shirts, sweatshirts etc. as they will be asked to wear them at the Blue & Gold Dinner.

3. Gather a list of your chapter's LKS songs and lyrics. A great example would be songs/lyrics created for a group routine during and/or after new member orientation.

4. Select a song or skit for performance by your chapter at the Blue & Gold Dinner.

5. Incorporate choreography, live music and accessories into your routine if you wish!

6. Bring a CD recording of any music which is required for your routine.

7. Practice and most importantly HAVE FUN ☺ ☺ ☺!!!

Preparing Your Chapter for Convention

Decide on how many members want to attend Convention

You need to have at least one member represent your chapter at convention. Because of all the valuable information given, we recommend the future/current president attends. But, it can be a lot more fun to have a group go together. You can have fun along the way and really develop strong fraternal bonds and great memories that will last a lifetime.

Decide on how you will travel to the Convention

Depending on distance, consider your cheapest options first. You can rent (or borrow) a van to transport a few members and split gas. There have been chapters in the past that were permitted to borrow the Pharmacy School/College Van.

Get an idea of where everyone will be traveling from. (It is summer- students are usually home)
Plan a meeting place.

Decide how you are going to pay for the members

Plan your fundraisers to cover as many members as possible. Make a committee of the members that want to go and they can plan some good fundraisers to cover transportation and rooming at the convention. Don't rule out funds from your College of Pharmacy- find out what funds are available to students for Professional Meetings. It may take some time meeting with administration. But, start early before the money is spent in other areas. When making a presentation to your administration, make sure you are organized and are knowledgeable about the activities planned. Use the tentative schedule on the next page for showing the administration what kind of program we will be providing. Have an idea how many members are planning to go, what it will cost for the members to travel and to room at the meeting, what meals are provided and what will be out of pocket. Also, present to the administration what plans you have for raising funds as well and ask for some ideas for additional fundraising. The more information you have at your disposal the more likely they will help you in your fundraising pursuits.

Have Contact Numbers of Everyone Involved

Make sure you have all the Members that are going give you a summer contact number so you can contact them to go over plans for meeting, traveling etc. In case anything changes, you want to be able to contact everyone on short notice. Make sure you have the summer contact number (office, not home) of any administrator you work with for your financial plans to make sure everything that has been promised- goes as planned.

Most of all, Prepare to Have Fun ☺!

**Lambda Kappa Sigma Pharmacy Fraternity
2006-2008 Grand Council Officers
(Updated 3/13/08)**

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